



Rayat Shikshan Sanstha's

Radhabai Kale Mahila Mahavidyalaya, Ahmednagar

Reaccredited with 'A' Grade by NAAC/ An ISO 9001:2015 Certified College
Affiliated to Savitribai Phule Pune University, Pune (PU/AN/ASC/034)


Savitri- Maitreyi Forum

Annual Report 2022-2023

The Forum has paved a way to our students to share and interact with the lady experts especially from the field of physical and mental health, to imbibe legal, social, environmental awareness along with carrier guidance. The symbiosis "Savitri Maitreyi Forum" gives equal opportunity to individual to share their problems. The student expresses openly to get the problem solved. The enlisted activities have helped us to address such issues through feminine perspective.

The forum also provides various types of assistance to the students. During this academic year 2022-2023, the practice observed through various activities as follows:

Sr. No.	Title of the Programme/ Activities	Date/ Duration	Theme/ Purpose	No. of Beneficiaries
1.	Celebration of Breast Cancer Awareness Month Guest Lecture by Dr. Tejashree Junagade	18 Oct 2022	Breast cancer awareness	65
2.	Guest Lecture by Adv. Swati Shyam Nagarkar	06 Dec 2022	Prevention of sexual harassment act and counseling of students.	170
3.	Haldi Kumkum Ceremony Grace Presence of Mrs. Jyoti Gadakari, Mrs. Manisha Devare, Dr. Nilam Bagal, Adv. Swati Shyam Nagarkar, Mrs Manisha Punde, Priyanka Chikhale Activities: Ukhane Competitions, Music Chair and Fugadi	27 Jan 2023	Bringing discussion of women teachers and parent. guidance on women health.	66
4.	Celebration of International Women's Day. Guest Lecture by Mrs. Manisha Sapkal, Quiz.	8 March 2023	Women Empowerment	85


Chairman
Savitri Maitreyi Forum


PRINCIPAL
Radhabai Kale Mahila Mahavidyalaya
Ahmednagar



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Savitri- Maitreyi Forum

Celebration of Breast Cancer Awareness Month

Report

October is a National Breast Cancer Awareness month. Breast cancer is the most common cancer among the women in all over the world. Guest Lecture was conducted by the Savitri- Maitreyi Forum in collaboration with the IQAC on 18th of October 2022 from 2.30pm to 4.30pm. Chief guest Dr. Tejashree Junagade has taken a lecture on the topic of "Awareness of Breast Cancer".

The speaker briefly explains basics precautions to avoid cancer and said, "Mammograms are the best way to find breast cancer early, when it is easier to treat and before it is big enough to feel or cause symptoms". She also suggested that, All women should do the self Breast Test, avoid excess amount of drinking Tea, Coffee, irregular timing of eating, Sleeping.

Dr. Tejashree cleared all doubts of students regarding breast cancer in her lecture. Total of around **65** students and staff participated in the programme.

Ms. Bhakti Tambe (Chairman, Savitri-Maitreyi Forum) carried out introduction of the programme and guest speaker. The president of the event Dr. Bhupendra Nikalaje also give emphasize on the awareness of the health and hygiene of the students. The event is end by the vote of thanks given by Dr. Anjali Khilari (Assistant Professor, Department of Botany).

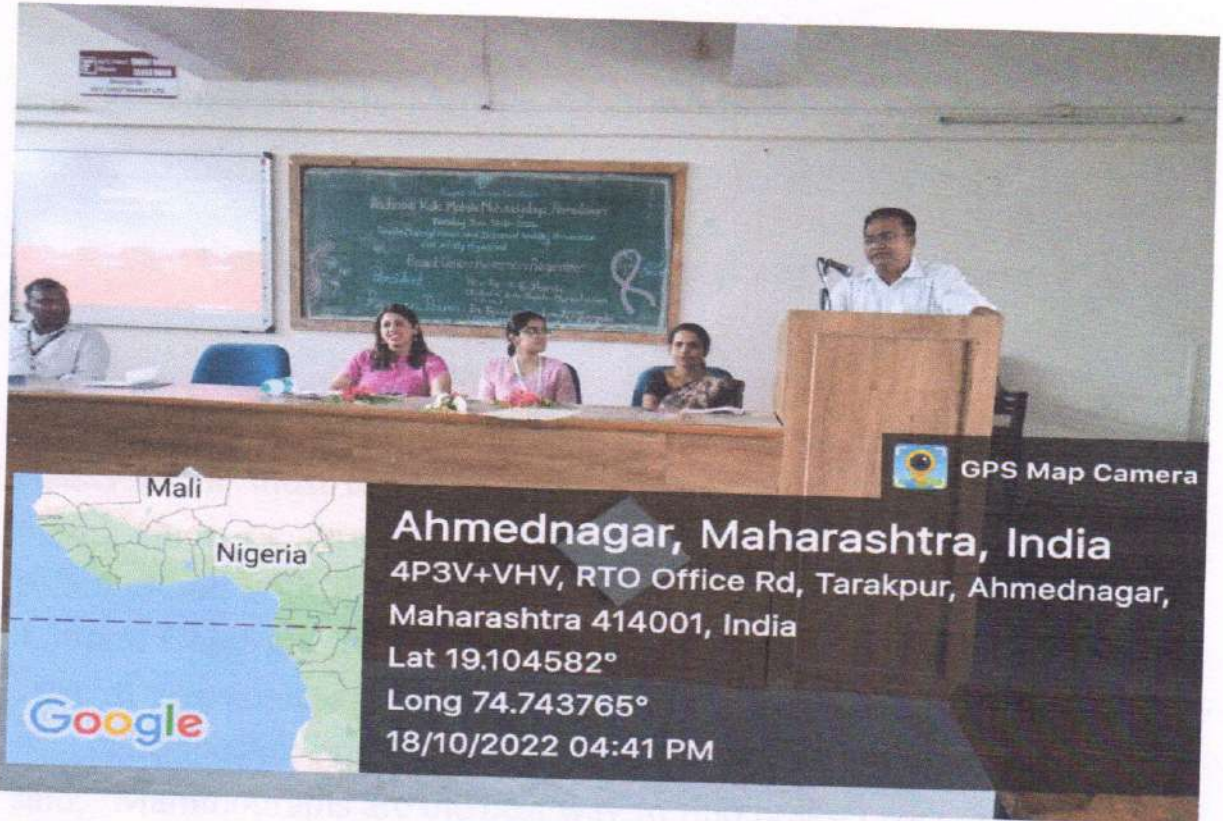


Cancer worrier Mrs. Shilpatai Devade


Student Audience





Dr. Tejashree Junagade: Guiding to the students



Precedential Speech by Dr. Bhupendra Nikalaje


Chairman
Savitri- Maitreyi Forum


Coordinator
IQAC


Principal
Radhabai Kale Mahila Mahavidyalaya,
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Report

Expert lecture on “Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act and Anti-Ragging Act”

**Jointly Organized by
Internal complaint Cell, Anti-Ragging Committee and Savitri
Maitreyi Forum**

Tuesday, 06th December 2022 at 04:00 PM

Internal complaint Cell, Anti-Ragging Committee and Savitri Maitreyi Forum was jointly organized Expert lecture entitled on “**Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act and Anti-Ragging Act**” on Tuesday, 06th December 2022 at 04:00 PM.

The resource person for the expert lecture was **Adv. Swati Sham Nagarkar, District Court, Ahmednagar**. More than 170 participants from the college were present to this lecture.

At the start, Ms. Bhakti Tambe, Chairman of the Savitri- Maitreyi Forum, welcomed the audience.

The key-note address was given Dr. Lakshmi Kathawate, Chairman of the Anti-Ragging committee, in her speech she talked about the importance of this lecture and information about our college.

Ms. Nirmala Darekar, Chairman of the Internal Complaint Cell, gave the introduction of resource person.

The Resource person of the lecture **Adv. Swati Sham Nagarkar** delivered the lecture on “**Sexual Harassment of Women at Workplace (Prevention, Prohibition and**

Redressal) Act and Anti-Ragging Act”. Adv. Swati Nagarkar in her speech said that, what are the types of sexual harassment? Women’s covered under the act, The students were counselled about what are the laws for that, impact of inappropriate behaviour, examples of behaviours and scenarios that constitute sexual harassment, what are the anti-ragging laws and how to file a complaint against sexual harassment. Also, through her lecture, she guided the girls about self-security and what kind of problems they might face in the future and how they should be careful from now. After that the question answer session and interactions between participants and resource person was done.

Dr. S. R. Thopate, Principal, Radhabai Kale Mahila Mahavidyala, Ahmednagar gave detailed guidance on why women need to have knowledge of the Sexual Harassment Prevention, Prohibition and Redressal Act and Anti-Ragging Act.

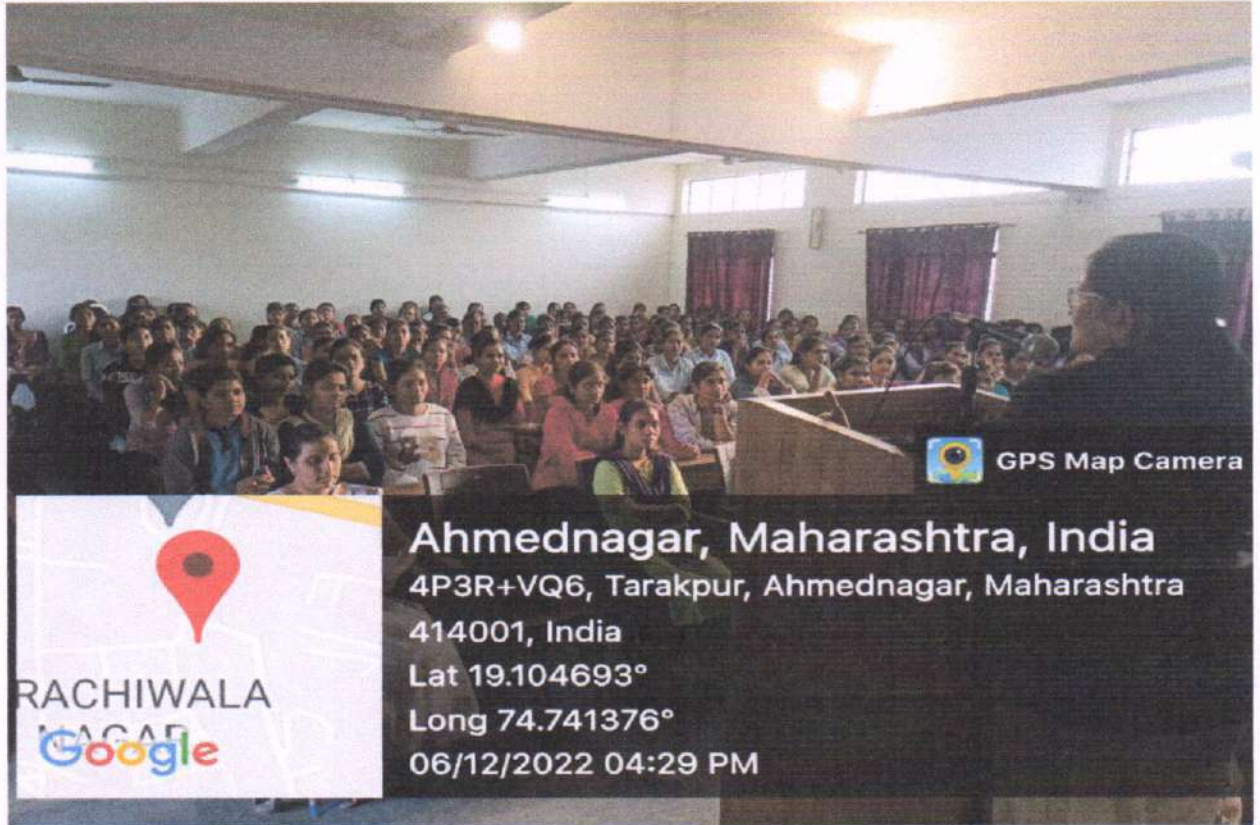
At the end of programme Ms. Bharti Pawale, Asst. Prof. Department of Chemistry proposed vote of thanks on behalf of organizing committee.

Feedback:

- Lecture is very good.
- It was a very useful lecture..




Felicitation of Resource Person Adv. Swati Sham Nagarkar by Dr. S. R. Thopate, Principal, Radhabai Kale Mahila Mahavidyala,



The Resource person Adv. Swati Sham Nagarkar, delivered the lecture on “Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act and Anti- Ragging Act.”


Ms. B.R. Tambe
Chairman
Savitri Maitreyi Forum


Principal
Radhabai Kale Mahila Mahavidyalaya,
Ahmednagar



रयत शिक्षण संस्थेचे

राधाबाई काळे महिला महाविद्यालय, अहमदनगर

नॅक 'अ' मानांकन / ISO ९००१:२०१५ प्रमाणित महाविद्यालय
सलग सावित्रीबाई फुले पुणे विद्यापीठ, पुणे (PU/AN/ASC/034)

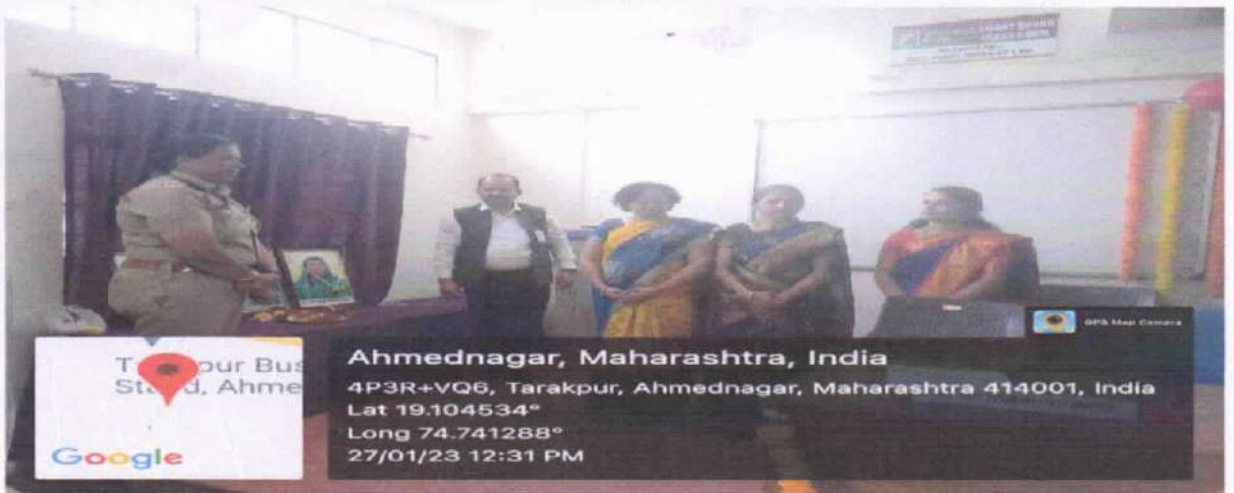
सावित्री मैत्रेयी फोरम अंतर्गत हळदी कुंकू समारंभ २०२२-२३ अहवाल

दरवर्षी प्रमाणे यंदाही सावित्री मैत्रेयी फोरम अंतर्गत हळदी कुंकू समारंभ शुक्रवार दि. २७/०१/२०२३ रोजी सकाळी ११.०० वा. महाविद्यालयात उत्साहाने साजरा करण्यात आला. यावर्षी हळदी कुंकू समारंभामध्ये उपस्थित प्रमुख पाहुणे, माता पालक व महाविद्यालयातील सर्व महिला सेवकांना वृक्षाच्या स्वरूपात वाण देण्यात आले. या कार्यक्रमात महाविद्यालयाचे प्राचार्य डॉ. शंकर थोपटे यांनी अध्यक्षस्थान भूषवले. अहमदनगर शहरातील विद्यार्थिनी प्रेमी पोलीस निरीक्षक मा. सौ. ज्योती गडकरी, तारकपूर बस स्टॅंड, आगार व्यवस्थापक मा. सौ. मनिषा देवरे, अहमदनगर न्यायालयातील प्रख्यात वकील मा. सौ. स्वाती नगरकर, स्त्रीरोग तज्ञ डॉ. नीलम बागल, शिवछत्रपती पुरस्कार विजेत्या आणि बुऱ्हाणनगर येथील शारीरिक शिक्षण संचालिका मा. सौ. मनिषा पुंडे व महाविद्यालयाच्या माजी विद्यार्थी संघटनेच्या उपाध्यक्ष मा. कु. प्रियंका चिखले या प्रमुख पाहुणे म्हणून उपस्थित होत्या. कनिष्ठ व वरिष्ठ महाविद्यालयातील महिला प्राध्यापक, विद्यार्थिनी व विद्यार्थिनींच्या मातापालक मोठ्या संख्येने उपस्थित होते.

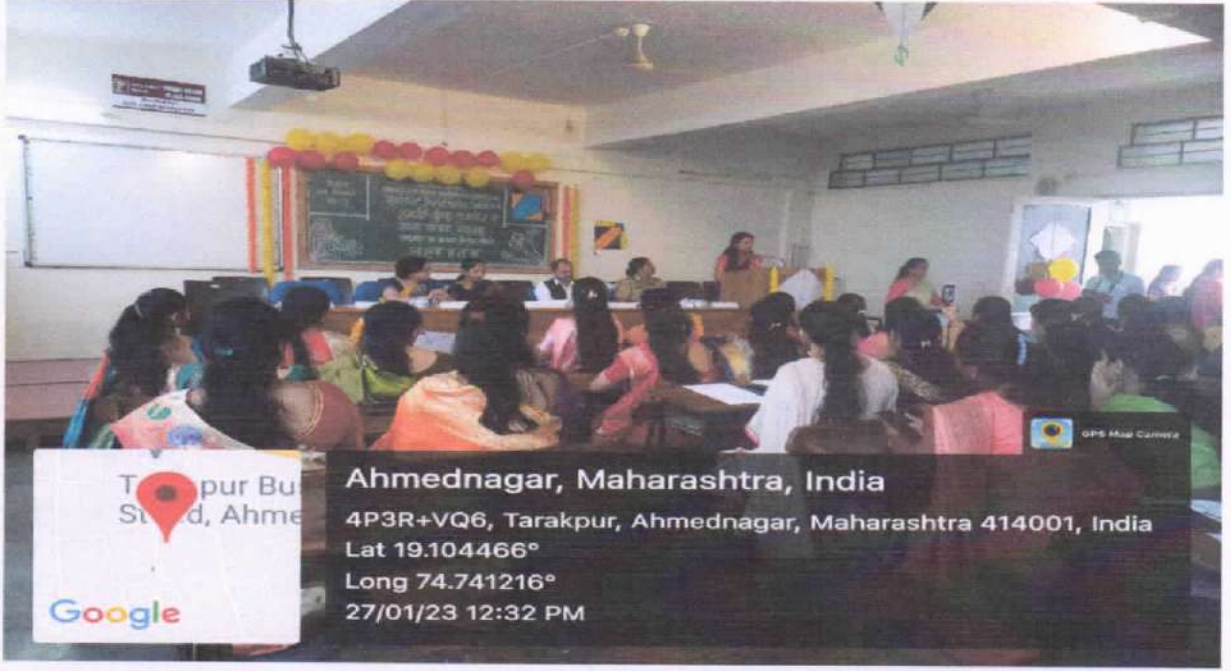
कार्यक्रमाची सुरुवात ही सावित्रीबाई फुले, लक्ष्मीबाई पाटील व राधाबाई काळे यांच्या प्रतिमा पुजानाने झाली. सावित्री मैत्रेयी फोरमच्या चेअरमन कु. भक्ती तांबे यांनी कार्यक्रमाचे प्रास्ताविक केले व प्रमुख पाहुण्यांचा परिचय करून दिला. त्यांनी भारतीय संस्कृती व हळदी कुंकू समारंभ याचे नाते प्रास्ताविकात नमूद केले.

महाविद्यालयाचे प्राचार्य डॉ. शंकर थोपटे यांनी प्रमुख पाहुण्यांना गुलाबाचे रोप देऊन पाहुण्यांचे स्वागत केले व सौ. ज्योस्तना देशमुख यांनी प्रमुख पाहुण्यांना हळदी कुंकू दिले. सर्व प्रमुख पाहुण्यांनी श्रोत्यांशी संवाद साधला. सर्व प्रथम सौ. गडकरी यांनी महिलांना चोरापासून कसे सावध राहावे हे सांगितले व स्त्री हि आर्थिकदृष्ट्या सबल झाली तरच तिला सामाजिकदृष्ट्या सन्मान प्राप्त होईल हा मोलाचा संदेश दिला. त्यानंतर डॉ. नीलम बागल यांनी उपस्थित महिलांना सूर्यनमस्कार आणि आहाराविषयी मार्गदर्शन केले. सौ. पुंडे यांनी शरीराचा प्रत्येक अवयव हा किती मोलाचा आहे याविषयी चर्चा केली. जमिनजुम्ल्यांच्या तक्रारीपेक्षा जास्त कौटुंबिक नात्यांच्या तक्रारी न्यायालयासमोर आज येत आहेत. यामध्ये प्रत्येक मुलीच्या आईची भूमिका नगरकर यांनी महिलांसमोर मांडली. त्याच बरोबर कु. प्रियंका चिखले हिने महाविद्यालयाबाबत ऋण व्यक्त करत प्रत्येक महिलेने उपवास कमी करून आपली काळजी कशी घेतली पाहिजे याबाबत आपले मत व्यक्त केले.

पाहुण्यांच्या मनोगतानंतर हळद हि आपल्या दैनंदिन जीवनात किती महत्वाची आहे, भारतीय संस्कृतीमध्ये हळदीचे महत्व व तिचा वापर कशा पद्धतीने केला जातो हे प्राचार्य डॉ. थोपटे यांनी आपल्या अध्यक्षीय मनोगतात मांडले. सौ. अत्रे यांनी आपल्या स्वरचित कवितेच्या पंक्तीत उपस्थितांचे आभार मानले. कार्यक्रमाचा शेवट उखाणे, संगीत खुर्ची व फुगडी यांसारख्या खेळाने झाला.



प्रतिमा पूजन



कार्यक्रमाचे प्रास्ताविक करताना भक्ती तांबे



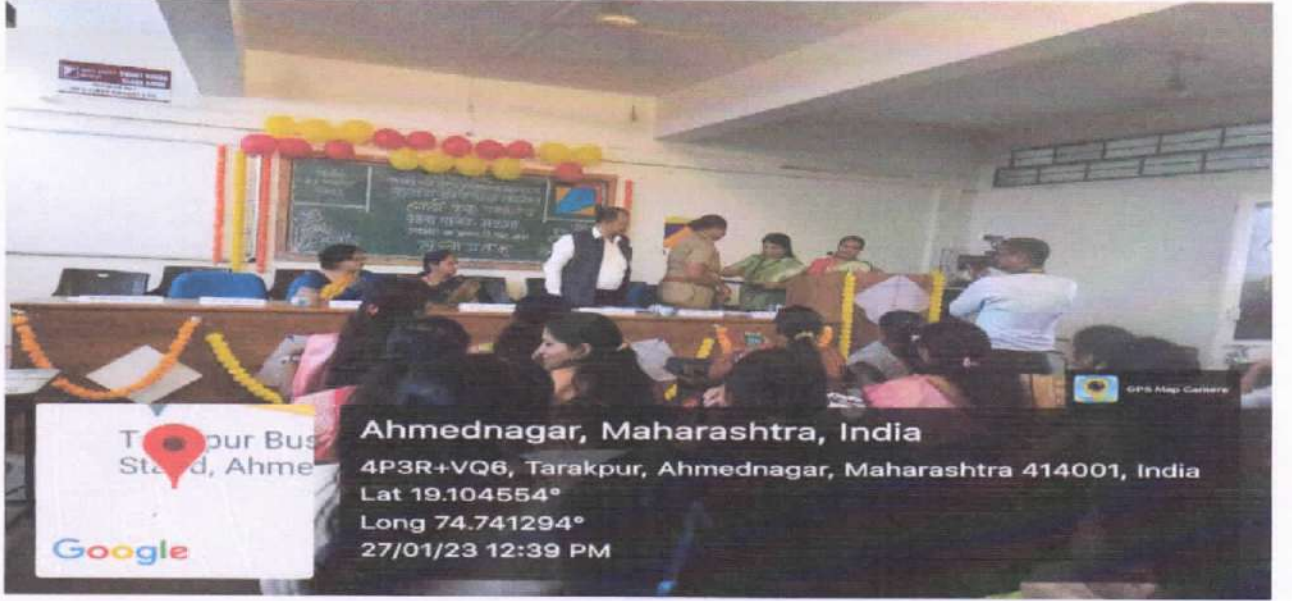
मार्गदर्शन करताना मा. सौ. स्वाती नगरकर



उपस्थित महिलांशी चर्चा करताना मा. सौ. ज्योती गडकरी



आपले मनोगत व्यक्त करताना माता पालक



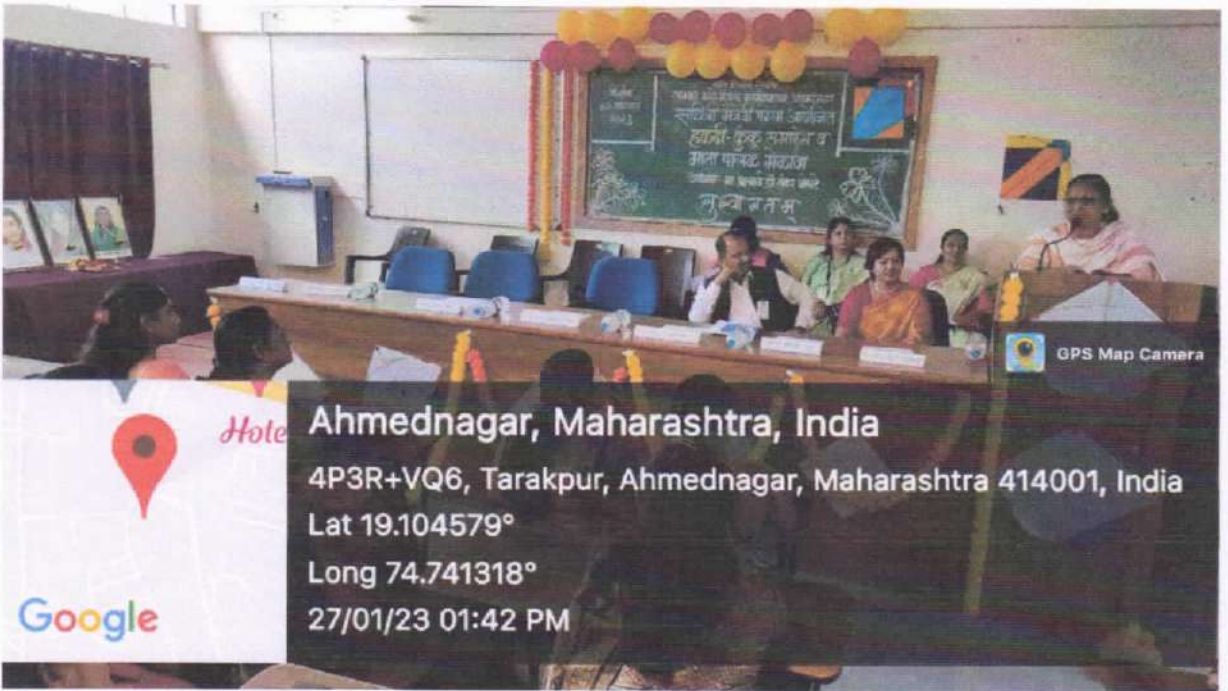
उपस्थित मान्यवरांना हळदी कुंकू देताना



उपस्थित माता पालकांना हळदी कुंकू देताना



महाविद्यालयातील महिला सेवकांना हळदी कुंकू देताना

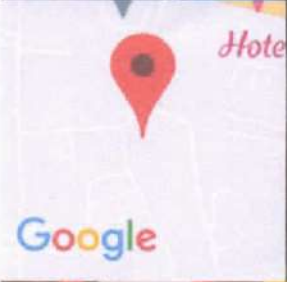


उपस्थित महिलांशी चर्चा करताना सौ. मनिषा देवरे



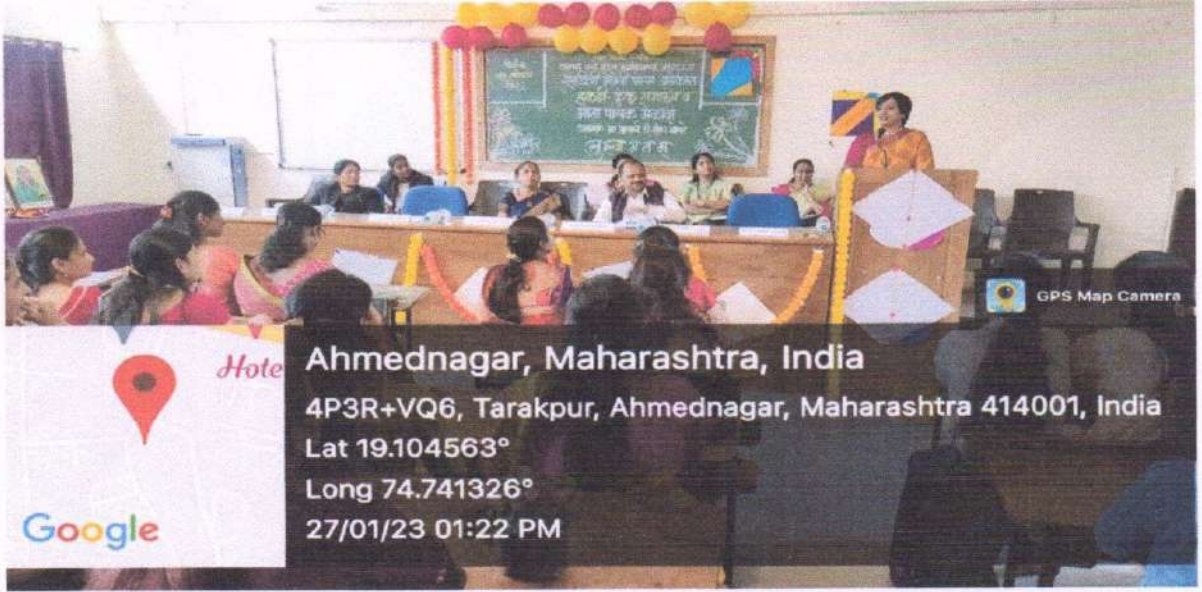
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4P3R+VQ6, Tarakpur, Ahmednagar, Maharashtra 414001, India
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मार्गदर्शन करताना मनिषा पुंडे

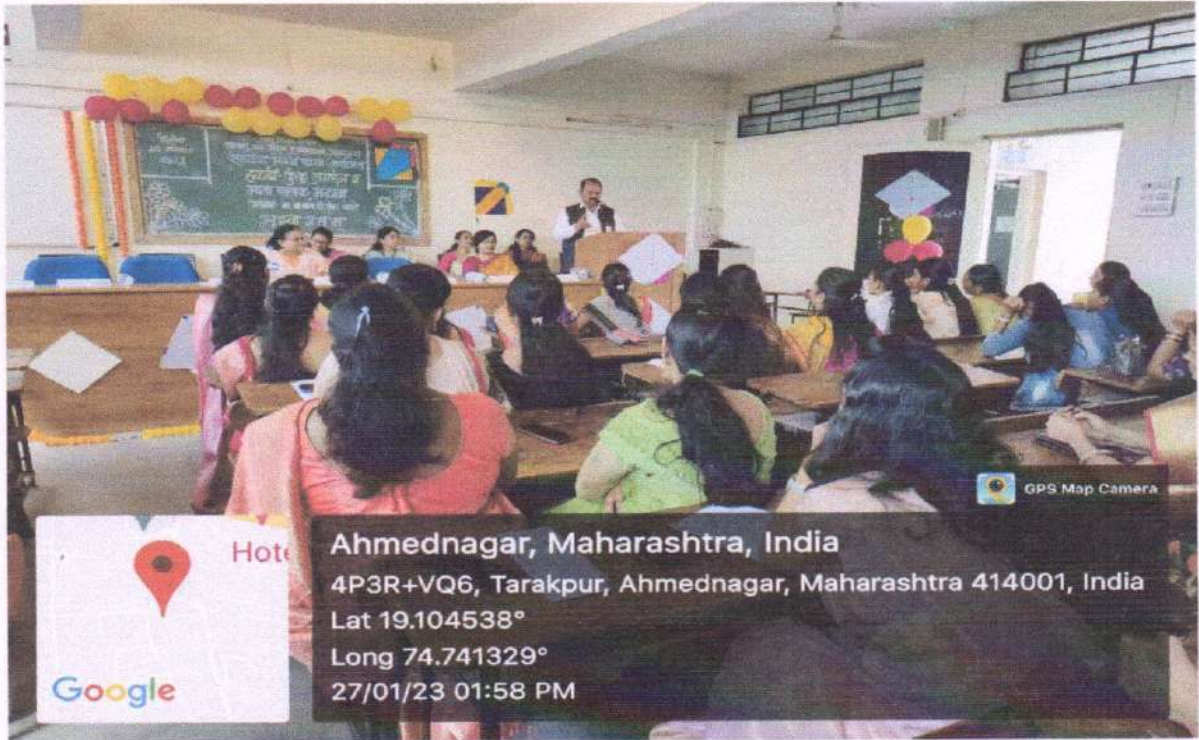


Hotel Ahmednagar, Maharashtra, India
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मार्गदर्शन करताना डॉ. नीलम बागल



उपस्थित महिलांशी चर्चा करताना माजी विद्यार्थिनी प्रियंका चिखले



अध्यक्षीय मनोगत व्यक्त करताना प्राचार्य डॉ. शंकर थोपटे

या कार्यक्रमासाठी ५७ महिला व ९ माता पालक उपस्थित होत्या.

Prasad
Chairman,
Savitri-Masteyi Forum

Prasad
Co-ordinator
I & A c.

Prasad
PRINCIPAL
Radhabai Kale Mahila Mahavidyalaya
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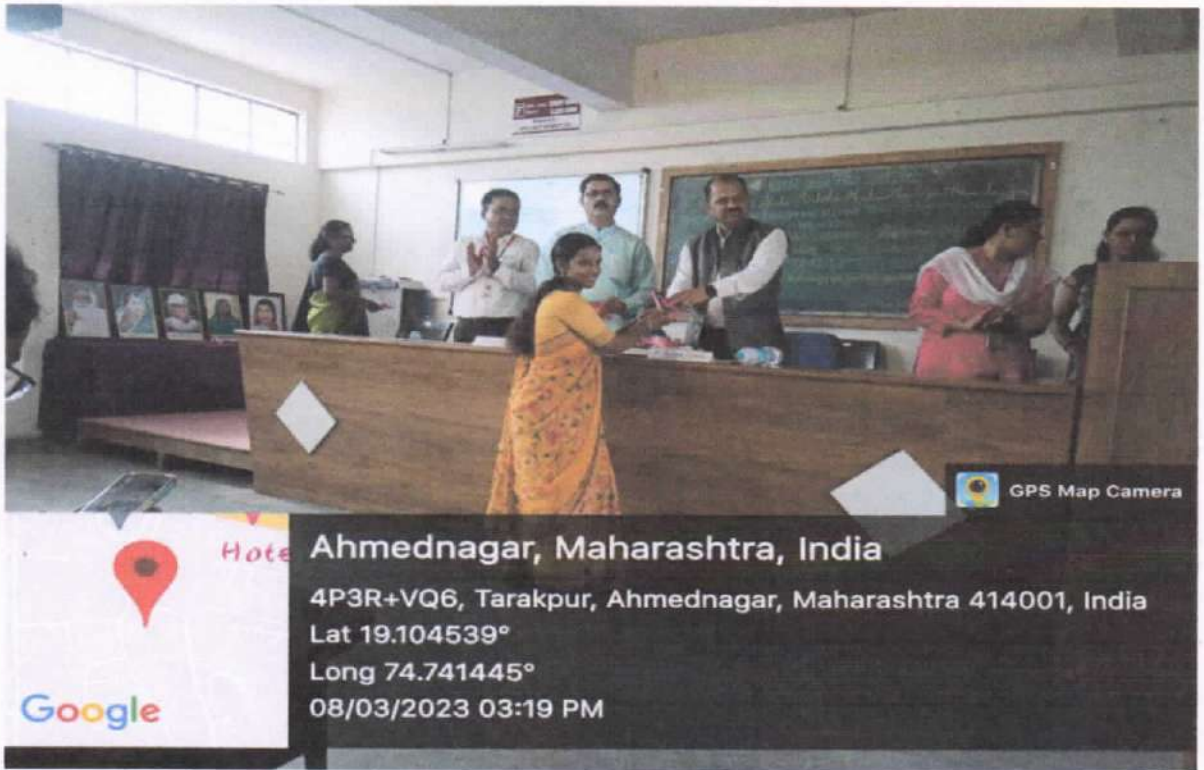
International Women's Day 2023

Report

International Women's Day was celebrated in Institute in association with Savitri Maitryi Forum and Alumni Association on 8th of March 2023. Chief Guest Mrs. Manisha Sapkal (Ahmednagar Divisional Controller, MSRTC) has taken a lecture on the topic of "Women Empowerment".

The Mrs. Sapkal Said, "If women want to reach social, economic, political and educational heights, they should take care of their health. It is seen that Women's Day is celebrated in the educated class only. This day will be celebrated on the day when women from rural areas are honoured. On International Women's Day president of the program Principal Dr. Shankar Thopate congratulated all the students and teachers by giving them roses and pens. On this occasion, Vice Principal of Junior College Prof. Satish Shirke also appealed to the audience that we could celebrate International Women's Day by honouring the women of our home. Incharge vice Principal Dr. Bhupendra Nikalage expressed his opinion that we are proud that we are teaching to women power in women's Institute. On this day, a quiz of women and surprising games conducted in the institute.

Ms. Bhakti Tambe (Chairman, Savitri-Maitreyi Forum) carried out introduction of the programme and guest speaker. Vote of thanks given by Dr. Rupali Endait (Chairman, Alumni Association). Total of around **85** students and staff participated in the programme.



Felicitatation of Women staff in college



Introduction of Programme by Ms. Bhakti Tambe



Prize Distribution of Quiz



Prize Distribution of Surprising Game



Speech by Guest Mrs. Manisha Sapkal



Prof. Satish Shirke



Best wishes by Prof. Dr. Bhupendra Nikalaje



Poem by Mrs. Atre



Presidential Speech by Prin. Dr. S.R. Thopate



Vote of Thanks by Dr. Rupali Endait

[Signature]
Chairman
Savitri Matangi Forum

[Signature]
Co-ordinator,
IQAC.

[Signature]
PRINCIPAL
Bardhamani Kale Mahila Mahavidyalaya